

## •INCLUDED •

Transfers from Dong Hoi to Phong Nha Farmstay and back

Breakfasts

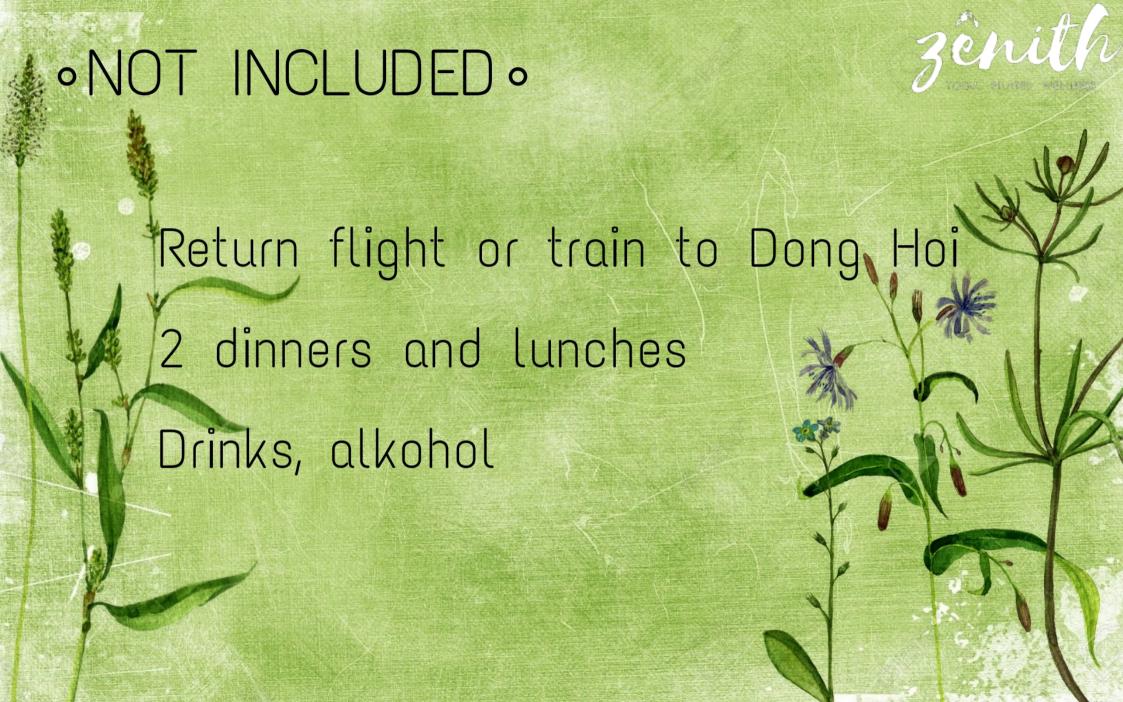
Welcome dinner and New Year dinner

3 tours (2 to the caves + bike tour)

14 hrs of Yoga/meditation/ Pranayama







## ·ITINERARY ·



DAY 1 (30 Dec)

Arriving by lunch afternoon bike ride around the area

5-6.30PM Gentle Yoga Practice

7PM Welcome dinner and the movie

DAY 2 (31 Dec)

7-9AM Dynamic Yoga practice Breakfast Visiting the Cave

5-6.30PM Gentle yoga practice

7.30PM Special New Year Dinner and celebration



DAY 3 (1 Jan) Happy New Year!

8-10AM New Year Yoga Practice

Late Breakfast

Relaxing day around the resort

5-6.30PM Relaxing yoga class

Dinner at your convenience

Bonfire



DAY 4 (2 Jan)

7-9AM Dynamic yoga practice

Breakfast

Visiting the Cave

5-6.30PM Gentle yoga practice

Dinner at your convenience

Movie night

DAY 5 (3 Jan)

7-9AM Dynamic Yoga practice

Breakfast

Relax time around the farmstay





## · ACCOMMODATION ·

Villa with private pool

Cost: 10,500,000VND/person (possible for family 2+2). No Yoga: 9,000,000VND

Family Suit (2+2 kids)

Cost:9,000,000VND/person No yoga: 7,500,000VND

Standard room

Cost: 8,000,000VND/person No yoga: 6,500,000VND

